



LOUSADA GUARDA RIOS

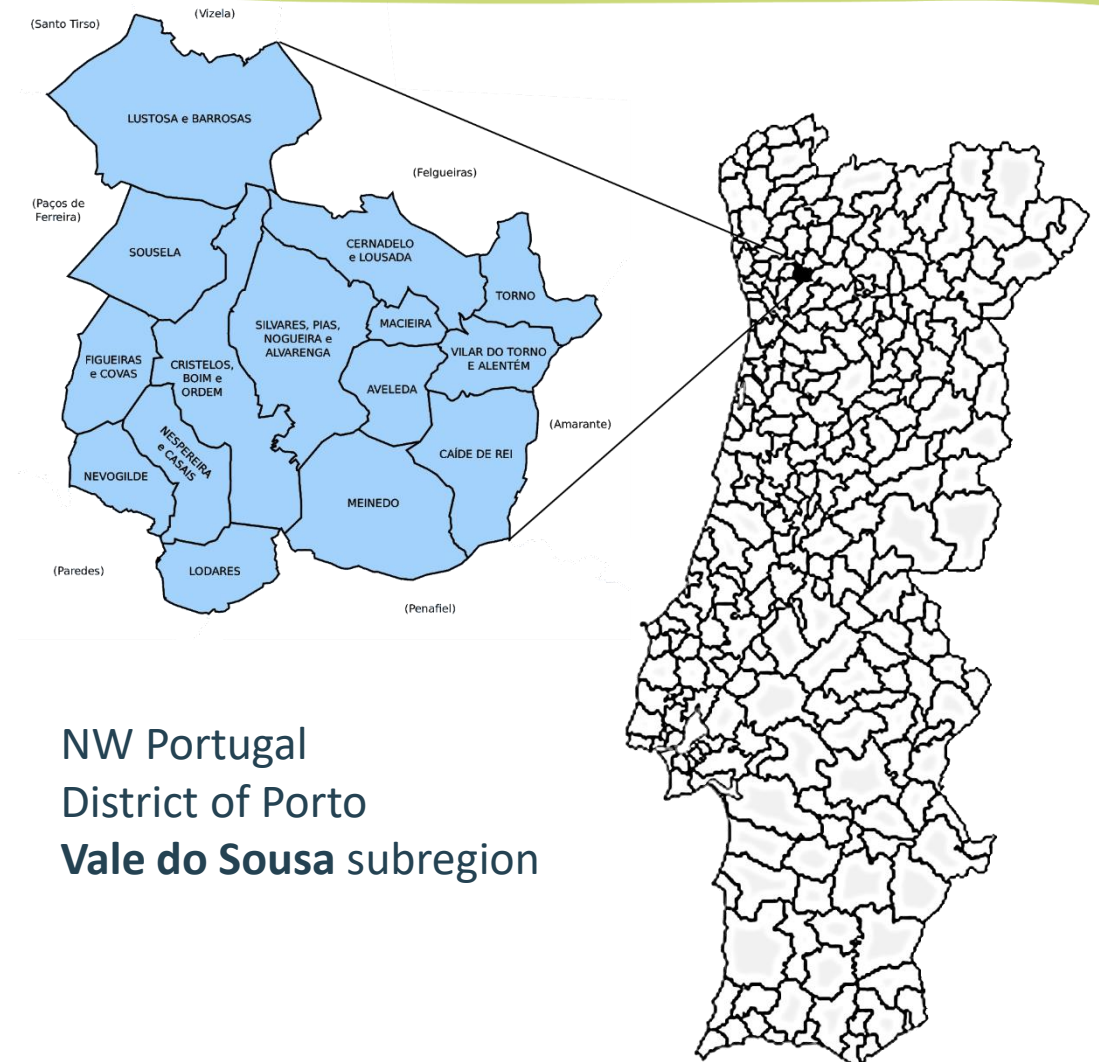
Active Citizenship in the Protection of Natural Resources

Daniela Barbosa

LOUSADA

Municipality of Lousada

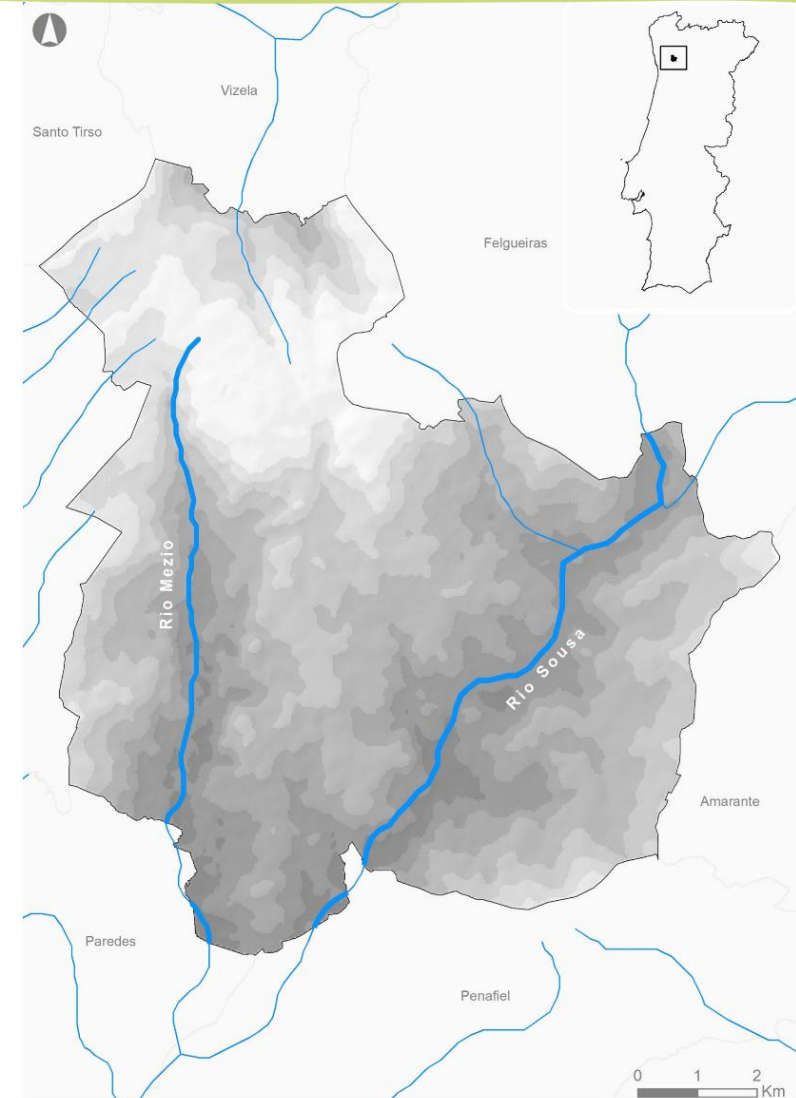
- 94,89 km²
- 15 parishes
- 47.401 inhabitants (2021)
- **Humid temperate region**
- Economy: **agriculture, textile industry**
- **2 river basins (Mezio and Sousa)**



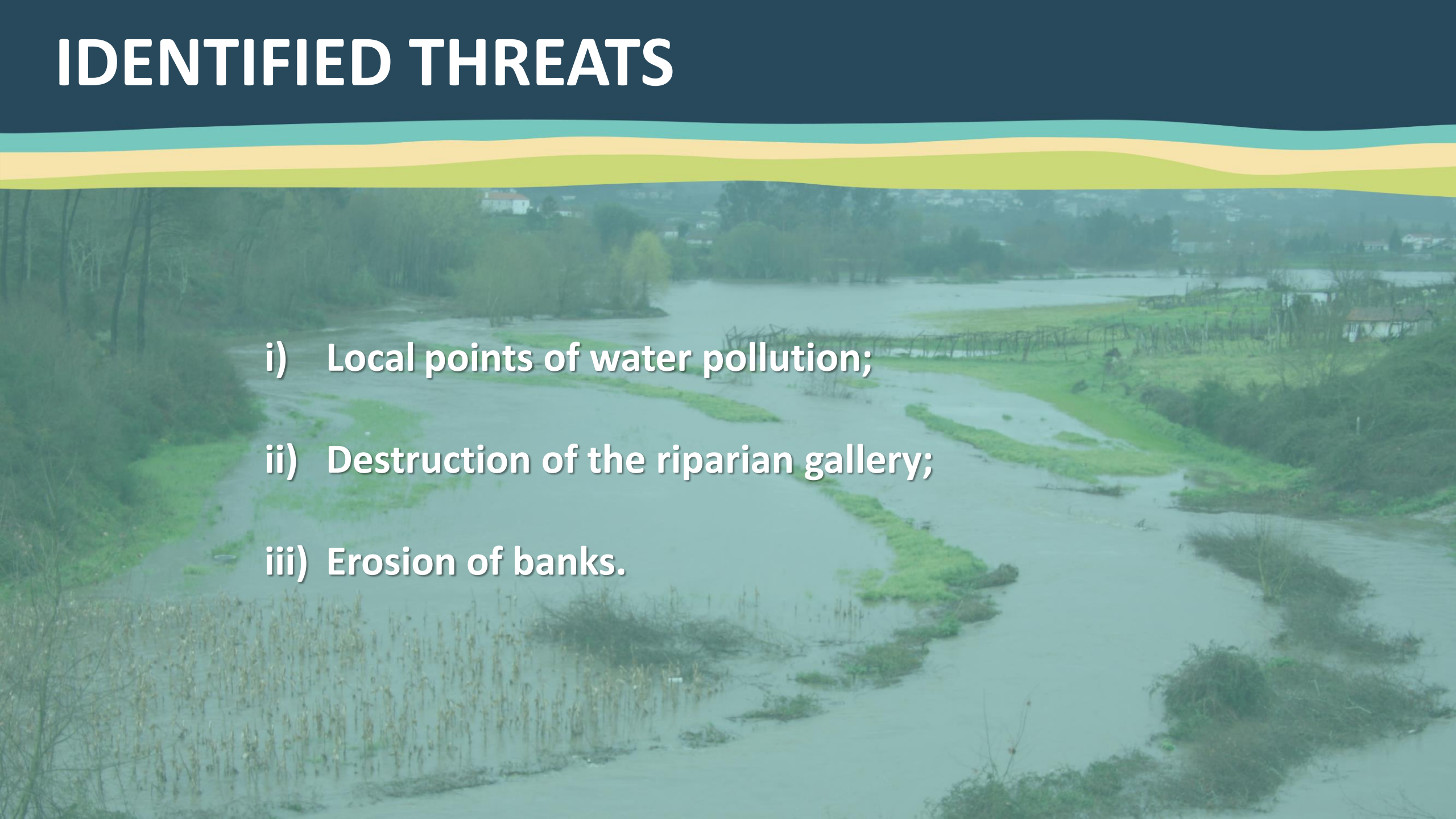
LOUSADA

Hydrographic Network

- **Sousa river**
 - SE of the municipality
 - Extent of 14.82 km
- **Mezio river**
 - Springs in Lousada
 - N-S orientation
 - Total of 28 Km (10,5 km in LSD)

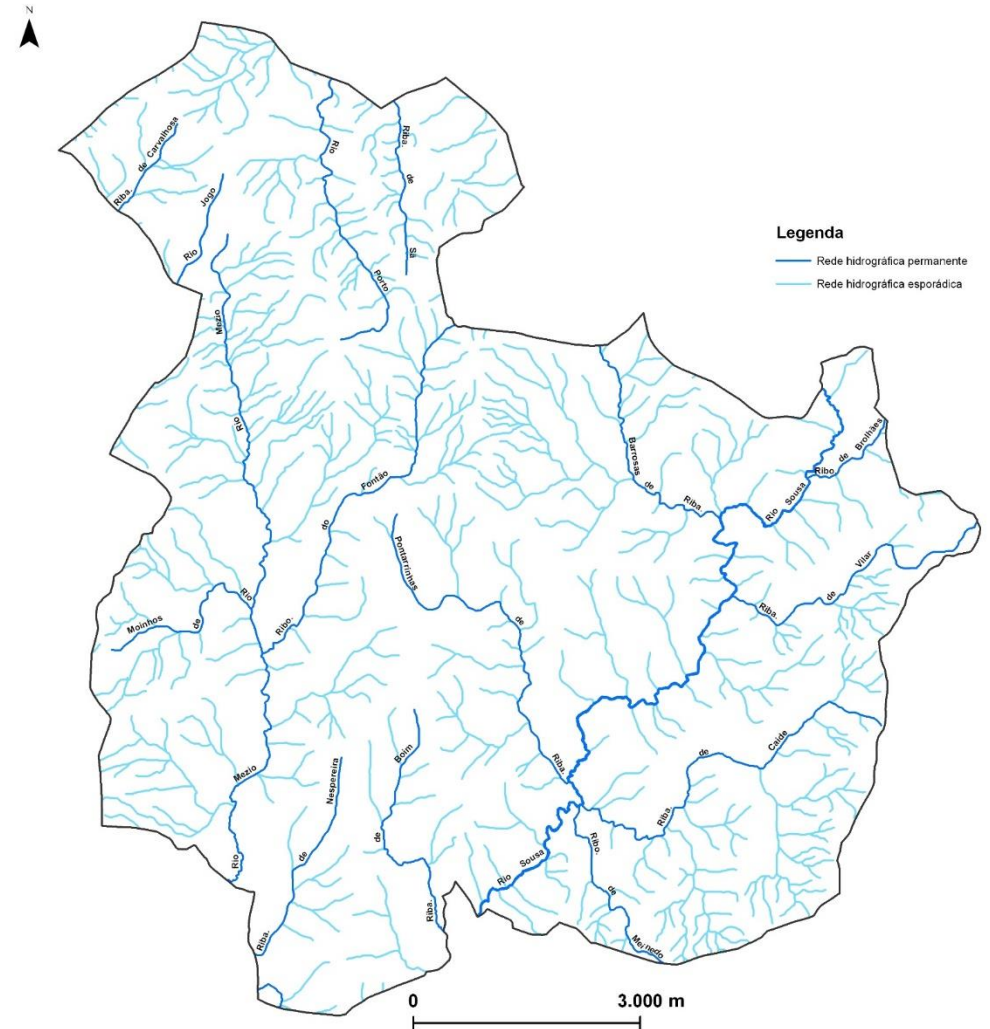


IDENTIFIED THREATS

- 
- An aerial photograph of a flooded landscape. A wide river flows through the center, with several small islands of green grass and reeds. The surrounding fields are submerged, and some trees are visible on the left bank. In the background, there are some buildings and more trees. The sky is overcast.
- i) Local points of water pollution;
 - ii) Destruction of the riparian gallery;
 - iii) Erosion of banks.

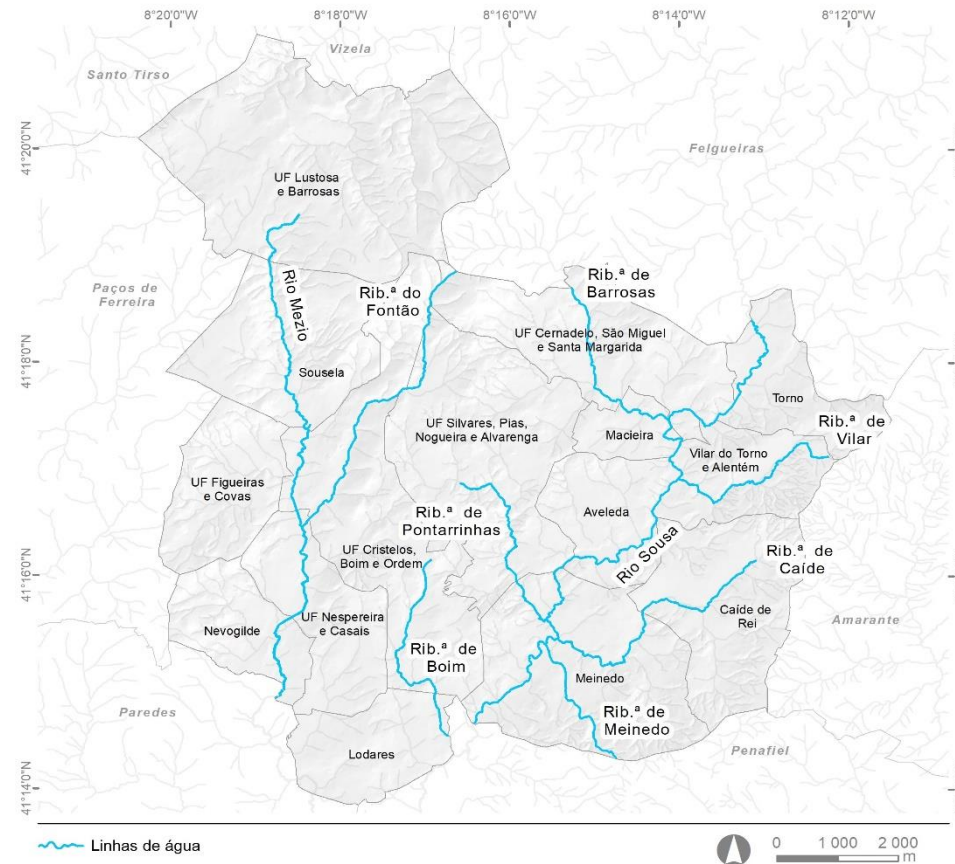
AIMS AND GOALS

- Conservation and monitoring of the ecological status of fluvial ecosystems;
- Environmental improvement of river ecosystems;
- Environmental awareness and public participation of local people.



METHODS

1) Mapping and characterization of the main watercourses in the municipality;



METHODS

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- **Stream bed characteristics:** depth, width, bottom type, water velocity, water transparency, aquatic vegetation;
- **Bank characteristics:** type of substrate, slope, structure, vegetation present, pollution;
- **Characteristics of the surrounding area:** buildings in the surrounding area, register of exotic/invasive species, register of native flora, register of native fauna.

METHODS

2) Social engagement

DISSEMINATION SESSIONS



1. Explanation of the project
2. Registration of volunteers

TRAINING OF PATROLS



- Theoretical and practical training of “Guarda Rios” Patrols

VOLUNTEERING ACTIONS



1. Adoption of river sections
2. Environmental improvement actions

METHODS

Guarda Rios *Kit*

- Transport and identification bag
- Reflective vest
- Guarda-Rios manual
 - Field miniguide
 - Security rules
 - Good environmental practices
- Characterization sheet of the river section

FICHA DE CARACTERIZAÇÃO | TROÇO DE RIO/RIBEIRA

IDENTIFICAÇÃO DO TROÇO

Local: _____
Nome do rio/ribeira: _____
Barragem local: _____ (Se não houver, não preencher)

IDENTIFICAÇÃO DA PATRULHA

Nome da patrulha: _____
Contactos de emergência (local, e-mail, etc.): _____

VISITA

1. Data: ____/____/____

2. Estado do tempo

| Tempo | Céu limpo | Nublado | Chuvoso | Chuva forte | Outro (descrever) |
|---------------|-----------|---------|---------|-------------|-------------------|
| Tempo | | | | | |
| Não observado | | | | | |

CARACTERÍSTICAS DO LEITO

3. Profundidade média: _____
Até 10 cm ☐ 10 a 30 cm ☐ 3 a 50 cm ☐ 50 a 100 cm ☐ Mais de 100 cm ☐ Não sei ☐

4. Largura média (m): _____

5. Tipo de fundo: _____
Selecione uma ou mais opções (pode marcar mais de uma)

| Calcário | Areia | Lodo | Argila | Outro (descrever) |
|----------|-------|------|--------|-------------------|
| | | | | |

6. Velocidade da água: _____

Medida da velocidade (m/s) com medidor ☐ Medida da velocidade (m/s) com medidor ☐

Medida da velocidade ☐ Medida da velocidade ☐

Medida da velocidade ☐ Medida da velocidade ☐



ENVIRONMENTAL IMPROVMENT ACTIONS



Removing river trash



Maintenance of watercourses and flood management

ENVIRONMENTAL IMPROVMENT ACTIONS



Invasive species control



Renaturalization of riverbanks



Plantation of riparian trees

METHODS

3) Formal Inspection Actions



Discharge of livestock effluents



Solid waste disposal

METHODS

3) Formal Inspection Actions



Cutting of riparian vegetation



Water pollution

DEVELOPED MATERIALS

Municipal Environmental Reading Plan

- 24000 students



2015



2020

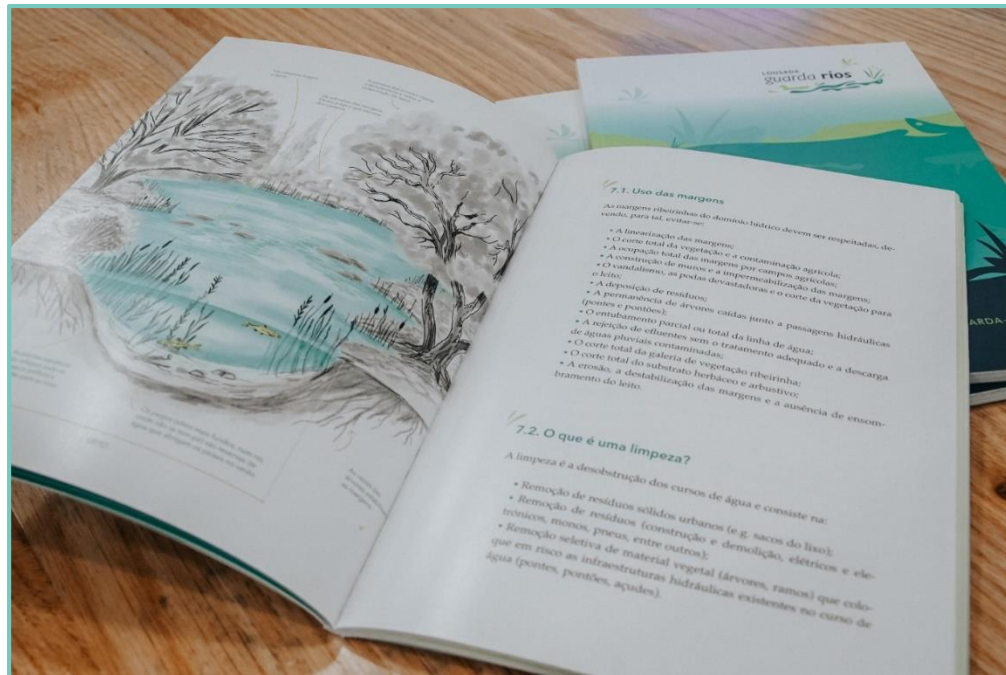
DEVELOPED MATERIALS

Guarda-Rios manual



DEVELOPED MATERIALS

Guarda-Rios manual



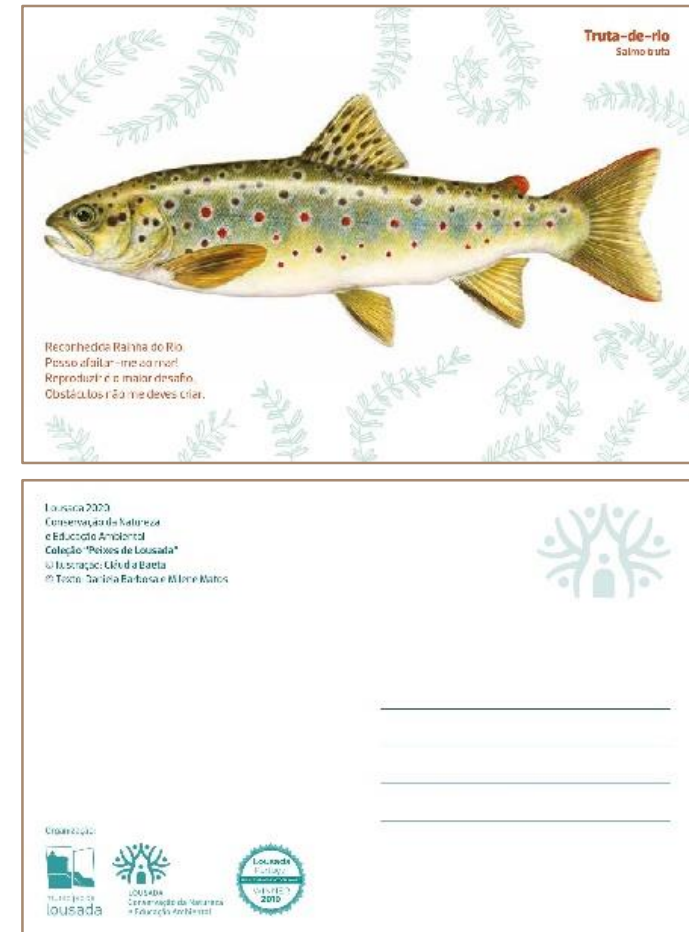
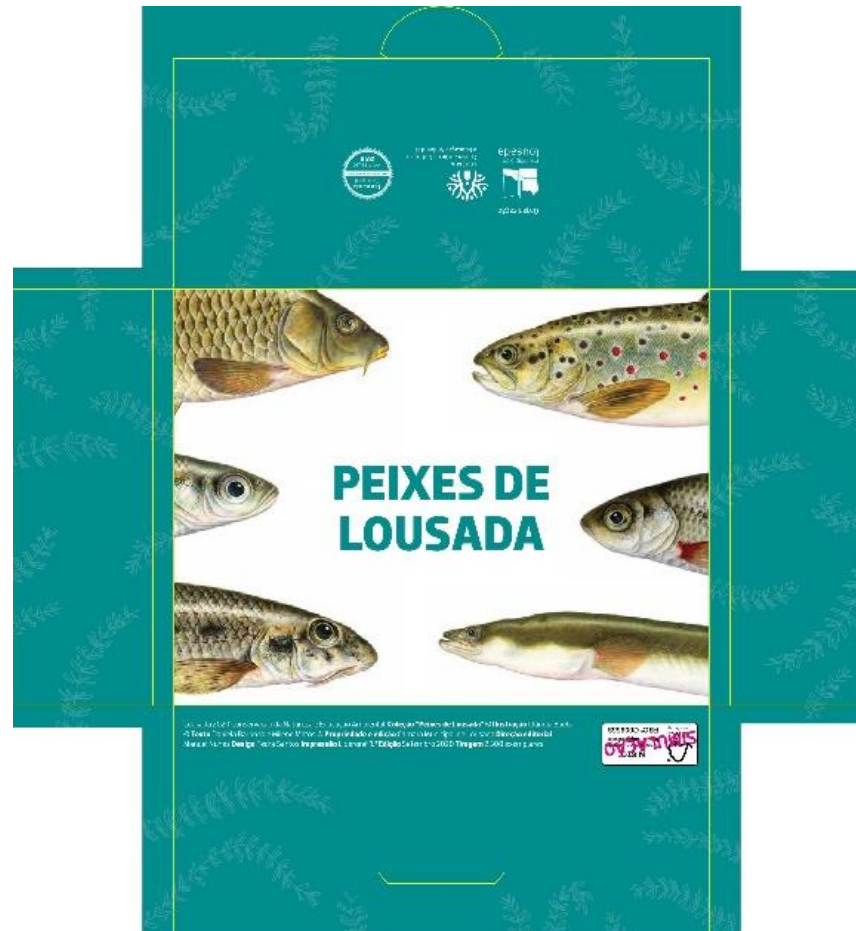
Guide of good cleaning practices



Field guide

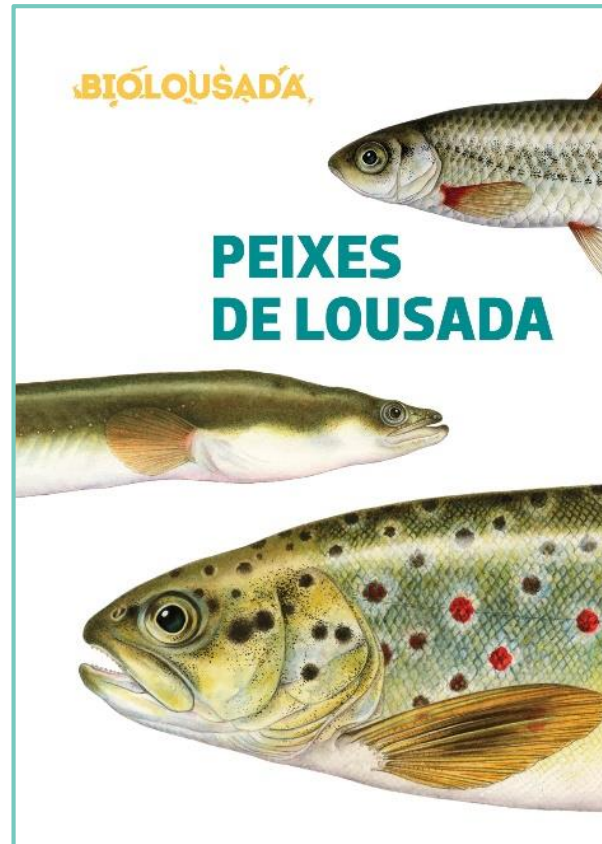
DEVELOPED MATERIALS

Fish Postcards



DEVELOPED MATERIALS

Fish Miniguides



ecoMezio Volunteer Camp
- 20 participants

ecoRivers Volunteer Camp
- 20 participants

166 characterized
river sections

+ 70 river
sections adopted

200 supervised
infractions

+1500
planted trees

+3 tons of garbage
collected

+150
environmental
improvement actions

1000 volunteers
+400 trained

MEDIA

Lousada promove formações para quem queira ser guarda rios

Durante este mês, serão seis as formações disponíveis nas Juntas de Freguesia. Inscrições são gratuitas

Por **Verdadeiro Olhar** · Out 2, 2019



JN

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PREMIUM

Adotam e tomam conta de pedaços de rios em Lousada

Fernanda Pinto
24 Julho 2019 às 13:08



Com maior ou menor frequência, percorrem as margens de troços dos rios que adotaram em ações de monitorização ou à procura de poluição.

THANK YOU!



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LOUSADA
guarda rios

